

**NOVEMBER 3, 2024**  
**31<sup>ST</sup> SUNDAY IN ORDINARY TIME**

**STEWARDSHIP REFLECTION**

**“And ‘to love him with all your heart, with all your understanding, with all your strength, and to love your neighbor as yourself’ is worth more than all the burnt offerings and sacrifices.”**

Mark 12:33

Of all the gifts that God gives us, the one He wants the most is our heart. He wants us to share out of our love for Him, not out of obligation. Using our talent in parish ministry and contributing money to support our parish mission is important, but it’s more important to spend time in prayer with God daily and discern how He is calling us to be generous with all of our gifts. Not just the visible ones, but the invisible ones like love, mercy and forgiveness.

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**ALL FAITHFUL DEPARTED ENVELOPES** (All Souls) can be found in your envelope package or in the foyer of the church. You can drop off your envelopes in the collection basket on Sunday or bring it to the office during office hours. The envelopes will be placed on the altar during the whole month of November.

**PARISH HALL/GYMNASIUM HEAT EXCHANGE REPLACEMENT.** The parish hall/gymnasium heat exchange, which both heats and cools this space, needs to be replaced as it has reached the end of its useful life. The cost to replace this unit, including installation, is roughly \$120,000.00. This is a substantial expense for the parish to cover and we need your help. Online donations can be made on our parish website at: <https://sthelen.ca/giving> under “**ST. HELEN’S GYMNASIUM HEATING/COOLING UNIT FUND**”. Cheques can be made to the parish with the note “Heat Exchange” and cash can be placed in envelopes marked “Special Needs Fund”, in the same way. **So far, we have collected \$ 9,190.00.** Donations are tax deductible and very much appreciated. Thank you for your support!

**PARISH OFFICE HOURS 9:00am-12:00pm (noon) and 1:00 pm to 4:00 pm.** In case of urgent matter that requires sacrament of anointing with urgency **please contact 604-298-6111.**

**MINISTRY OF VISITING THE SICK.** Please contact the parish office at 604-298-4144 if you have a family member, friend, or someone you know who would like to receive Holy Communion at home.

**COFFEE HOUR.** Coffee Hour after all Sunday masses in the church basement hall. If anyone would like to bring their baking to share with the rest of us is greatly appreciated. We welcome all parishioners and visitor.

**ST. HELEN’S CWL:** Collecting baked goods to deliver to downtown eastside, **Door is Open.** Baking drop off, Friday, Nov 8th, 9am-4pm. Address, 3801 Dundas St. Delivery will be on Saturday, Nov. 9th. All St Helen’s parishioners welcome to participate.

**St Helen’s CWL:** Next CWL General Meeting, Wednesday, Nov. 20th.

**PREP.** For info contact Sandra, 604-298-5239 or email: [prepsainthelens@gmail.com](mailto:prepsainthelens@gmail.com)

**SENIORS CLUB** resumed their activities on Saturdays, 11am to 2pm, in the church basement. For more information, please contact Elia, 604-299-0455.

**THE THIRTEENTH ARCHBISHOP’S ANNUAL DINNER** will be on **Monday, Nov. 18, 2024** at the Hyatt Regency, Vancouver; Reception: 6 p.m., Dinner: 7 p.m. To purchase tickets and/or to donate, please check <https://support.rcav.org/archbishops-dinner/register/>

**CHILDREN LITURGY** is for children 4 years old to Grade 2.

**ADORATION CHAPEL** is open from 7:15 am to 9:00 pm, from Monday to Friday. Please do not enter after 9 pm as the alarm will be activated. Thank you.

**EUCCHARISTIC QUOTE**

**“Every Holy Hour we make so pleases the Heart of Jesus that it will be recorded in Heaven and retold for all eternity.”** St. Teresa of Calcutta



**HOST & WINE.** If you are interested in donating the Host and Wine in memory of dear one, please contact the office, 604-298-4144. Donations are tax deductible.

**PROJECT ADVANCE APPEAL 2024.** We encourage all the parishioners to participate this year. You can donate before or after the weekend masses in the church lobby or come to the parish office during the office hours, online <https://support.rcav.org/project-advance/> or dropping off your donation in the collection basket on Sunday. **We have collected \$ 47,315.00** so far. Thank you!

**HELP FOR MISSION SOCIETY** collects clothing and household items. **Please do not drop off your donations before contacting Manuela, 604-298-6202.**

**LASAGNA SALE NOV. 9–11,** CONTACT Manuela,604-298-6202; to order contact Dario at 604-294 8061or email Lora at [hfmlasagna@gmail.com](mailto:hfmilasagna@gmail.com) before Nov. 5!

**BULLETIN SPONSOR OF THE WEEK.** Please support **KAREN BASTOW,** one of the sponsors who brings to you this weekly Parish Bulletin.

**YOU CAN DONATE** by the credit card at <https://sthelen.ca/giving>

Sunday Collection (Weekly goal: \$12,000.00)			
Date	Envelopes	Loose	Total
October 27	\$ 5,890.00	\$ 331.00	\$ 6,221.00
Thank you for your generosity!			

***We Pray For***

**Saturday, November 2 [The Commemoration of All the Faithful Departed (All Souls Day)]**

9:00 am - † Santos Lopez & Fam. † Paul James Viduya  
4:00 pm - † All Souls, † Cesira Genovese, † Catherine Valente, † Aurelia Baldassare  
† Luigi & Teresa Porco, † Rosaria & Luigi Bruno, † Franco Luongo  
† Anna Delli Santi

**Sunday, November 3 [THIRTY FIRST SUNDAY IN ORDINARY TIME]**

8:30 am - Spec. Intention, † All Souls in Purgatory, † Carmelo Albanese, † Settimio Briglio,  
† Gabriel Rosati, † Pasqualino Ghiorzi, † Pete & Lucille DeMarchi,  
† Giuseppe & Gina Kosenina  
10:00 am - † Caterina & Diego Rizzuto, † Mr. & Mrs. Cupo, † Alba & Alessandro Zanachelli  
† Nick & Antonio Palazzo, † Pasquale & Vincenzo Miniaci, † Patricia Meyer  
† David & Enrico Franzon, † Armando Cuccione, † Giovanni & Barbara Mazzei  
† Lino & Angela Agosti, † Giovanna & Cesare Bracaglia, † Rino Canal  
† Dec. of Tatto & Canal Fam., † Dec. of Balletta, Giardullo & DeRisi Fam.  
† Giovanni Cerantola, † Per i Caduti

11:30 am - Pro Popolo

**Monday, November 4 [St. Charles Borromeo, Bishop]**

7:45 am - † Marconi Quiachon, † Alessandro Misa

**Tuesday, November 5 [Weekday]**

7:45 am - In Thanksgiving for Isabelita, † Juan Gomez Jr.

**Wednesday, November 6 [Weekday]**

7:45 am - † Juan Gomez Jr., † Robert Pejante

**Thursday, November 7 [Weekday]**

7:45 am - Special Intention for Carol Jones, † Juan Gomez Jr.

**Friday, November 8 [Weekday]**

7:45 am - † Dec. of Abanto Fam., † Juan Gomez Jr.

**Saturday, November 9 [The Dedication of the Lateran Basilica]**

9:00 am - Special Intention, † Sabino Jr. & Isabelita Viduya  
4:00 pm - Special Intention, Spec. Int. for Martin, † Benito Manzo, † Antonio DeSantis  
† Raffaele Bruno, † Lorenzo Iameo, † Luigi, Giovanni & Lina Porco  
† Tony Giardullo, † Franco & Giorgio D’Amico

**Sunday, November 10 [THIRTY SECOND SUNDAY IN ORDINARY TIME]**

8:30 am - † All Souls in Purgatory, † Adelina Durigon, † Domenico Marrello  
† Antonio Cuzzetto  
10:00 am - Spec. Int. for Vincenzo & Bianca Verrelli’s 50th Wedding Anniversary  
† William Kulic, † Noe Mastroianni, † Domenico & Donata Cibelli  
† Giuseppina Santorelli, † Francesco Cerminara, † Luigi Quattrin  
† Giulio Testani, † Andy Citton, † Carmela Briglio & Fam.  
† Filippo & Chiara Mainella, † Sergio, Elio & Lara Infanti

11:30 am - Pro Popolo



**3 NOVEMBRE, 2024**  
**XXXI DOMENICA DEL TEMPO ORDINARIO**

**“Amarlo con tutto il cuore, con tutta l’intelligenza e con tutta la forza e amare il prossimo come se stesso vale più di tutti gli olocausti e i sacrifici.”**

Marco 12:33

**SOSTITUZIONE SCAMBIATORE DI CALORE SALA PARROCCHIALE/PALESTRA.** Lo scambiatore di calore sala parrocchiale/palestra, che riscalda e raffredda questo spazio, deve essere sostituito poiché ha raggiunto la fine della sua vita utile. Il costo per sostituire questa unità, inclusa l’installazione, è di circa \$ 120.000,00. Si tratta di una spesa notevole da coprire per la parrocchia e abbiamo bisogno del tuo aiuto. Le donazioni online possono essere effettuate sul nostro sito web parrocchiale all’indirizzo: <https://sthelen.ca/giving> sotto “**ST. HELEN’S GYMNASIUM HEATING/COOLING UNIT FUND**” Si possono fare assegni alla parrocchia con la nota “Scambio termico” e i contanti possono essere depositati nelle buste contrassegnate con “Special Needs Fund”, allo stesso modo. **Finora abbiamo raccolto \$ 9,190.00.** Grazie per il vostro supporto!

**SANTE MESSE PER I FAMILIARI DEFUNTI.** Una busta speciale per questo fine e inserita nel pacchetto delle buste. Ci sono altre buste disponibili all’entrata della chiesa. Indicate i nomi dei vostri cari. Le buste possono essere lasciate nell’cestino di raccolta di Domenica o si puo portarle in ufficio durante le ore di ufficio. Le buste saranno collocate sull’altare durante tutto il mese di novembre.

**ORE DI UFFICIO: 9:00AM - 12:00PM (MEZZOGIORNO) e 1:00 pm – 4:00 pm.** In un caso di urgenza che richiede il sacramento dell’unzione con urgenza si prega di contattare **604-298-6111.**

**MINISTERO DI VISITA AI MALATI.** Contatta l’ufficio parrocchiale al numero 604-298-4144 se hai un familiare, un amico o qualcuno che conosci che vorrebbe ricevere la Santa Comunione a casa.

**L’ORA DEL CAFFÈ.** Vieni vieni a prendere un caffè ogni domenica dopo tutte le messe nella sala sotterranea della chiesa. Tutti sono benvenuti!

**LEGA DELLE DONNE CATTOLICHE (CWL).** La riunione generale sarà il 20 novembre alle 7:00pm nel sottosuolo della chiesa.

**LA SOCIETA’ PER ANZIANI** ha ripreso le attività, **sabato, dalle ore 11:00 alle 14:00.** Per informazioni chiamare Elia, 604-299-0455.

**PROJECT ADVANCE.** Invitiamo tutte le nostre famiglie di partecipare in questa campagna di raccolta di fondi per le opere del evangelizzazione. Una volta raggiunto l’obiettivo arcidiocesano di 51.400,00 dollari più le spese, tutte le donazioni verranno utilizzate per i nuovi uffici parrocchiali. Coraggio perché é dando che si riceve! **Finora abbiamo raccolto \$ 47,315.00.** Grazie.



**SE VOLETE OFFRIRE IL PANE E IL VINO** da usare durante tutte le Sante Messe della settimana a ricordo dei propri cari, per favore chiamate l’ufficio parrocchiale.

**CAPPELLA DELL’ADORAZIONE** è aperta dalle 7:15 alle 21:00, **dal lunedì al venerdì.** Si prega di non inserire dopo le 21:00 poiché l’allarme verrà attivato. Grazie.

**SOCIETA PER LE MISSIONI** sta raccogliendo abbigliamenti e articoli per la casa. Per favore, **NON LASCIATE LE VOSTRE DONAZIONI PRIMA DI CHIAMARE MANUELA,** 604-298-6202.

**KINDERGARTEN APPLICATIONS for the 2025/2026 school year** are now being accepted at St. Helen’s School. Please submit a copy of your child’s birth and baptism certificates with your application form. If you are non Catholic, please submit a birth certificate. Application forms can be found on our website <https://www.sthelensschool.ca/pdfs/application-kindergarten-manual-2025-26.pdf>. All applications can be e-mailed to Mrs. DeFazio at [secretary@shschool.ca](mailto:secretary@shschool.ca)

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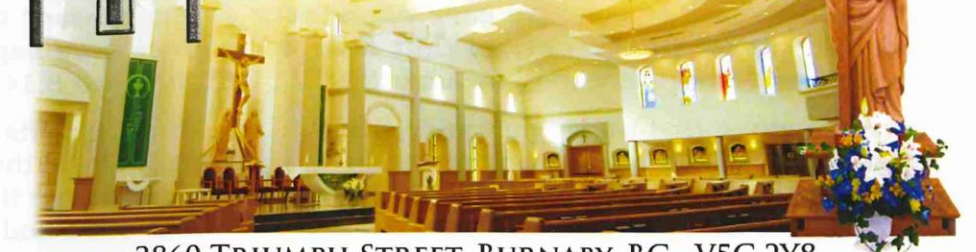
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# ST HELEN'S PARISH



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DEACON  
MICHAEL BOREHAM  
mboreham@rcav.org

OFFICE AND MAILING ADDRESS:  
3871 Pandora St., Burnaby, BC V5C 2A6

OFFICE HOURS:  
9:00 am – 12:00 pm (noon)  
1:00 pm – 4:00 pm

TEL: 604-298-4144 FAX: 604-298-1734

EMAIL: parish.shel@rcav.org  
WEBSITE: www.sthelen.ca

ADMINISTRATIVE ASSISTANT:  
Mrs. Biba Lupetin, shel.secretary@rcav.org



**ST. HELEN'S SCHOOL**  
PRINCIPAL: Mr. Waldemar Sambor  
TEL: 604-299-2234  
WEBSITE: www.sthelensschool.ca

### MASS SCHEDULE

**SATURDAY:**  
4:00 pm - Children's Liturgy  
**SUNDAY:**  
8:30 am  
10:00 am - (Italian) Children's Liturgy  
11:30 am - Children's Liturgy

**MONDAY TO FRIDAY:**  
7:45 am  
**SATURDAY & PUBLIC HOLIDAYS:**  
9:00 am

**ADORATION CHAPEL**  
MONDAY TO FRIDAY: 7:15 am – 9:00 pm  
CLOSED ON SATURDAY AND SUNDAY

**CONFESSIONS**  
MONDAY TO FRIDAY: 7:25 am – 7:40 am  
SATURDAY: 8:30 am – 8:55 am and  
3:00 pm – 3:50 pm

BAPTISMS: 2nd Sunday of the Month

MARRIAGES: Prior arrangements six months in advance.

### PARISH CONTACTS AND MINISTRIES

MINISTRY TO THE SICK: Please call during office hours.

SACRED MUSIC COORDINATOR: Agnes Wan, 604-299-3916

LAST RIGHTS AND MEDICAL EMERGENCIES: Please call during office hours.  
Outside of office hours, please call 604-298-6111. See inside for more information.

PARISH RELIGIOUS EDUCATION PROGRAM (PREP)

CLASSES ON TUESDAY: 6:30 pm – 7:50 pm in the school.

PREP COORDINATOR: Sandra Crema, 604-298-5239, prepsainthelens@gmail.com

RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

FOR ADULTS WHO DESIRE TO JOIN THE CATHOLIC FAITH: (please call office)

CATHOLIC WOMEN'S LEAGUE (CWL): Flavia Musso, 604-299-4466

CHILDREN'S LITURGY COORDINATOR: Jaime Poldrugo, (please call office)

EUCCHARISTIC MINISTERS' COORDINATOR: Marivic Morelos, 778-881-6505

KNIGHTS OF COLUMBUS: Tony Ramalho, 604-294-5501

LECTORS COORDINATOR: (please call office)

SAFE ENVIRONMENT COORDINATOR: Ariana Quashie, (please call office)

SENIORS CLUB: Tecla Volpe, (please call office)

YOUTH ADULT GROUP: Please call during office hours.



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