

JULY 21 & 28, 2024
16TH & 17TH SUNDAY IN ORDINARY TIME

Stewardship Reflection

"He said to them, 'Come away by yourselves to a deserted place and rest a while.'" Mark 6:31

Do you spend time, every day, alone and in silence listening to how God is calling you? If not, you are missing out on a wonderful opportunity to develop a more personal relationship with Him. Unless we talk and more importantly, listen to God every day, how else will we know how He is calling us? Consider making a retreat this year, spend some "alone" time with God.

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PARISH SUMMER OFFICE HOURS starting July 2nd to Aug. 31st, 9:00am-12:00pm (noon). In case of urgent matter that requires sacrament of anointing with urgency **please contact 604-298-6111.**

VACATION. We wish all our Parishioners a safe and wholesome summer vacation. May this time of rest help each of us appreciate God's providential care and love for us. Parish services continue during summertime, and we need your support. You can always leave your envelopes or post-dated checks at the parish office, or schedule credit card payments, through our parish website,

<https://sthelen.ca/about/credit-card-authorization-form> or
<https://sthelen.ca/giving>

Even during the Summer we have the obligation to make the payments of approximately \$9,000.00 per month to service the debt of our Parish besides regular expenses. Thank you for your generosity and have a nice summer.



ST. HELEN'S FOOD BANK. We are still helping needy in our community and accept food and monetary donations towards the Food Bank. **Presently our food supply is very low and we depend on your donations.** In this hard time, we can show our support and care for the ones that need our help. Donations can be dropped off in the church lobby on the weekend, or in the container that is placed in front of the parish office during office hours. Thanks for your generosity. *"He who is kind to the poor lends to the Lord, and He will reward him for what he has done."* Proverbs 19:17

SENIORS CLUB will resume their activities in September.

PROJECT ADVANCE APPEAL 2024. We encourage all the parishioners to participate this year. You can donate before or after the weekend masses in the church lobby or come to the parish office during the office hours, online <https://support.rcav.org/project-advance/> or dropping off your donation in the collection basket on Sunday. Once we reach the archdiocesan goal of \$51,400.00 plus expenses all donations will be used for the new parish offices. **We have collected \$ 35,185.00** so far. Thank you for your support.

HELP FOR MISSION SOCIETY collects clothing and household items. **Please do not drop off your donations before contacting Manuela, 604-298-6202.**

ADORATION CHAPEL is open from 7:15am to 9 pm, from Monday to Friday. Please do not enter after 9 pm as the alarm will be activated. Thank you.

EUCCHARISTIC QUOTE

"If souls but understood the Treasure they possess in the Divine Eucharist, it would be necessary to encircle the tabernacles with the strongest ramparts for, in the delirium of a devouring and holy hunger, they would press forward themselves to feed on the Bread of Angels. The churches would overflow with ADORERS consumed with love for the DIVINE prisoner no less by night than by day."

Blessed Dina Belanger



HOST AND WINE donated for Masses
July 28 – Special Intention

If you are interested in donating the Host and Wine in memory of dear one, please contact the office, 604-298-4144. Donations are tax deductible.

PSALM 98 SUMMER FESTIVAL, evening of good food, music and support of a good cause, is scheduled for **Saturday, July 27th from 5 pm to 9pm.** Tickets are available on the weekend after the Masses and at the door. Profit will partially benefit St. Helen's Food Bank.

BULLETIN SPONSOR OF THE WEEK. Please support **GARDENS OF GETHSEMANI CATHOLIC CEMETERY**, one of the sponsors who brings to you this weekly Parish Bulletin.

BULLETIN ADS AVAILABLE. IF INTERESTED, PLEASE CALL 604-298-4144.

Sunday Collection (Weekly goal: \$12,000.00)			
Date	Envelopes	Loose	Total
July 7	\$ 5,440.00	\$ 565.00	\$ 6,005.00
July 14	\$ 3,787.00	\$ 440.00	\$ 4,227.00

Thank you for your generosity!

We Pray For

Saturday, July 20 [St. Apollinaris, Bishop and Martyr. BVW]

9:00 am- † Rosanna & Giuseppe Rizzuto, † Giuseppe Lastoria
4:00 pm- Special Intention, † Domenica & Tony Torresan, † Antonietta Scalera
† Joyce & Dr. Ken Appleby Sr.

Sunday, July 21 [SIXTEENTH SUNDAY IN ORDINARY TIME]

8:30 am- † All Souls in Purgatory, † Annunziata Di Tomaso, † John Lee
10.00 am- † Elisabetta Ciallella, † Maria Da Ros, † Danilo Brolese, † Carmen Leonardi
† Maria Grazia Rossi
11.30 am- Pro Popolo

Monday, July 22 [St. Mary Magdalene]

7:45 am - Special Intention for Michael Battle

Tuesday, July 23 [St. Bridget, Religious]

7:45 am - Special Intention for Wayne

Wednesday, July 24 [St. Sharbel Makkluf, Priest]

7:45 am - Special Intention

Thursday, July 25 [St. James, Apostle]

7:45 am - Special Intention

Friday, July 26 [St. Anne and St. Joachim, Parents of the Virgin Mary]

7:45 am - Spec. Int. for Katryn & Michal Rzepinski, † Ana Caloca

Saturday, July 27 [Weekday]

9:00 am- † John Lee
4:00 pm- Spec. Int. for Robert & Tina Ruggiero, Spec. Int. for Martin
† Rocco Iacobellis, † Anna Dalli Santi

Sunday, July 28 [SEVENTEENTH SUNDAY IN ORDINARY TIME]

8:30 am- † All Souls in Purgatory, † Teresa & Raffaele Rea, † John Lee
10.00 am- † Pina & Bruno Benedet, † Danilo Brolese, † Giuseppinaa Pignanelli
11.30 am- Pro Popolo

Monday, July 29 [St. Martha, Mary, and Lazarus; Disciples of the Lord]

7:45 am - † Nicanor Canapi

Tuesday, July 30 [St. Peter Chrysologus, Bishop and Doctor of the Church]

7:45 am - † Dante Urrico, † Nenita Marzo

Wednesday, July 31 [St. Ignatius of Loyola, Priest]

7:45 am - † Giuseppe & Domenica Giustra

Thursday, August 1 [St. Alphonsus Liguori, Bishop, and Doctor of the Church]

7:45 am - Special Intention

Friday, August 2 [St. Eusebius of Verrelli, Bishop; St. Peter Julian Eymard, Priest]

7:45 am - † Dec. of Abanto Fam.

Saturday, August 3 [Weekday]

9:00 am- † John Lee
4:00 pm- Spec. Int. for Martin, † Benito Manzo

Sunday, August 4 [EIGHTEENTH SUNDAY IN ORDINARY TIME]

8:30 am- † All Souls in Purgatory, † John Lee
10.00 am- † Caterina & Diego Rizzuto, † Pasquale & Vincenzo Miniaci
11.30 am- Pro Popolo

21 & 28 LUGLIO, 2024
XVI E XVII DOMENICA DEL TEMPO ORDINARIO

Ed egli disse loro: «Venite in disparte, in un luogo solitario, e riposatevi un pò».

Marco 6:31

ORE DI UFFICIO, 2 LUGLIO – 31 AGOSTO - 9: 00AM - 12: 00PM (MEZZOGIORNO). In un caso di urgenza che richiede il sacramento dell'unzione con urgenza si prega di contattare **604-298-6111.**

VACANZE ESTIVE. Auguriamo a tutti i nostri parrocchiani un fruttuoso e rilassante periodo di vacanze estive. Che questo periodo di riposo ispirato fin dalla creazione del mondo ci spinga a ringraziare il Signore per il suo amore provvidenziale durante tutto l'anno. Ricordiamoci che la parrocchia non va in vacanze e possiamo lasciare le nostre buste o assegni post-datati presso l'ufficio o programmare pagamenti con carta di credito, attraverso il nostro sito web parrocchiale,

<https://sthelen.ca/about/credit-card-authorization-form> o
<https://sthelen.ca/giving>

Durante l'estate continua l'obbligo dei pagamenti di circa \$9,000.00 al mese verso il debito della parrocchia. Grazie mille per la vostra generosità e buone vacanze.



BANCO DI ALIMENTI DI S. ELENA. Siamo ancora aiutando i bisognosi nella nostra comunità e accettiamo donazioni di cibo e denaro al Banco Alimentare. Dipendiamo dalle vostre generose donazioni. In questo momento difficile, possiamo mostrare il nostro sostegno e la nostra cura per coloro che hanno bisogno del nostro aiuto. Le donazioni possono essere depositate nell'atrio della chiesa nel fine settimana, o nel contenitore che è posto davanti all'ufficio parrocchiale durante l'orario di ufficio. Grazie per la vostra generosità. *"Colui che è buono con i poveri lo è con il Signore, e Lui lo ricompenserà per ciò che ha fatto"* (Prov 19:17)

LA SOCIETA' PER ANZIANI riprenderanno le loro attività a settembre.

PROJECT ADVANCE. Invitiamo tutte le nostre famiglie di partecipare in questa campagna di raccolta di fondi per le opere del evangelizzazione. Una volta raggiunto l'obiettivo arcidiocesano di 51.400,00 dollari più le spese, tutte le donazioni verranno utilizzate per i nuovi uffici parrocchiali. Coraggio perché dando che si riceve! **Finora abbiamo raccolto \$ 35,185.00.** Grazie.



SE VOLETE OFFRIRE IL PANE E IL VINO da usare durante tutte le Sante Messe della settimana a ricordo dei propri cari, per favore chiamate l'ufficio parrocchiale.

CAPPELLA DELL'ADORAZIONE è aperta dalle 7:15 alle 21:00, **dal lunedì al venerdì.** Si prega di non inserire dopo le 21:00 poiché l'allarme verrà attivato. Grazie.

SOCIETA PER LE MISSIONI sta raccogliendo abbigliamento e articoli per la casa. Per favore, **NON LASCIATE LE VOSTRE DONAZIONI PRIMA DI CHIAMARE MANUELA, 604-298-6202.**

LAST RITES AND MEDICAL EMERGENCIES

Please call the office, 604-298-4144. Outside of office hours, please call 604-298-6111.

The following priest chaplains are also available:

Burnaby General Hospital: Fr. Bede Kiem Minh Le, 604.298.6800, 604-434-4211
Vancouver General Hospital: 604-877-5918 (Pager) / 604-875-4111 Fr. Gilbert Nunez & Fr. Luis Martin
Brian Delgado (Mon., Tue., Fri., Sat. and Sun.); Fr. Aresene Dutunge (Wed. and Thurs.)
Mount St. Joseph Hospital: Fr. Joseph Ha Vinh Tran, OP (Chaplain)604-876-7826
Royal Columbian Hospital: Chaplains' Cell 604-250-7513, Rev Claude Makulu, O. Praem, 604.936.2525
Please provide this important information to the priest before he arrives: name of the sick, ward, room number, bed number and name & phone number of the person requesting the visit as the hospital will not provide any details due to privacy laws.

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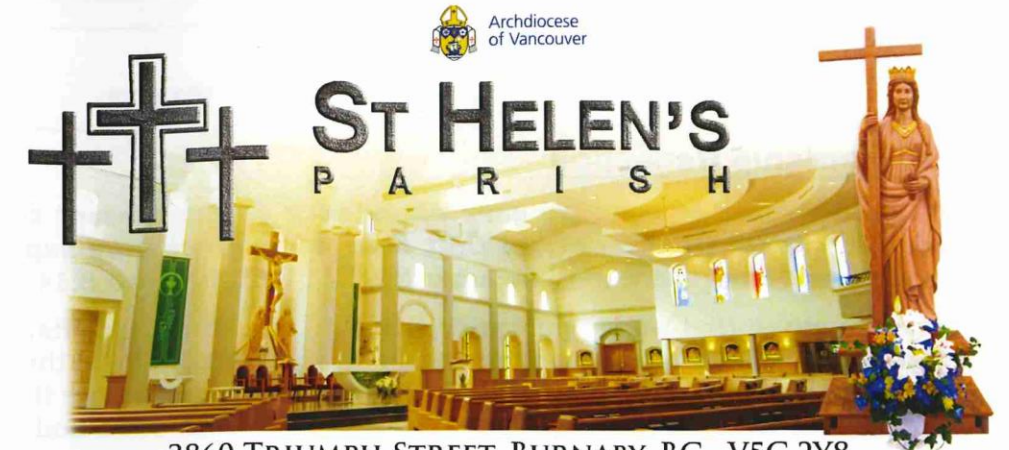
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mboreham@rcav.org

OFFICE AND MAILING ADDRESS:
3871 Pandora St., Burnaby, BC V5C 2A6

OFFICE HOURS:
9:00 am – 12:00 pm (noon)
1:00 pm – 4:00 pm

TEL: 604-298-4144 FAX: 604-298-1734

EMAIL: parish.shel@rcav.org
WEBSITE: www.sthelen.ca

ADMINISTRATIVE ASSISTANT:
Mrs. Biba Lupetin, shel.secretary@rcav.org



ST. HELEN'S SCHOOL
PRINCIPAL: Mr. Waldemar Sambor
TEL: 604-299-2234
WEBSITE: www.sthelensschool.ca

MASS SCHEDULE

SATURDAY:
4:00 pm - Children's Liturgy
SUNDAY:
8:30 am
10:00 am - (Italian) Children's Liturgy
11:30 am - Children's Liturgy

MONDAY TO FRIDAY:
7:45 am
SATURDAY & PUBLIC HOLIDAYS:
9:00 am

ADORATION CHAPEL
MONDAY TO FRIDAY: 7:15 am – 9:00 pm
CLOSED ON SATURDAY AND SUNDAY

CONFESSIONS
MONDAY TO FRIDAY: 7:25 am – 7:40 am
SATURDAY: 8:30 am – 8:55 am and
3:00 pm – 3:50 pm

BAPTISMS: 2nd Sunday of the Month

MARRIAGES: Prior arrangements six months in advance.

PARISH CONTACTS AND MINISTRIES

MINISTRY TO THE SICK: Please call during office hours.

SACRED MUSIC COORDINATOR: Agnes Wan, 604-299-3916

LAST RIGHTS AND MEDICAL EMERGENCIES: Please call during office hours.
Outside of office hours, please call 604-298-6111. See inside for more information.

PARISH RELIGIOUS EDUCATION PROGRAM (PREP)

CLASSES ON TUESDAY: 6:30 pm – 7:50 pm in the school.

PREP COORDINATOR: Sandra Crema, 604-298-5239, prepsainthelens@gmail.com

RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

FOR ADULTS WHO DESIRE TO JOIN THE CATHOLIC FAITH: (please call office)

CATHOLIC WOMEN'S LEAGUE (CWL): Flavia Musso, 604-299-4466

CHILDREN'S LITURGY COORDINATOR: Jaime Poldrugo, (please call office)

EUCCHARISTIC MINISTERS' COORDINATOR: Marivic Morelos, 778-881-6505

KNIGHTS OF COLUMBUS: Tony Ramalho, 604-294-5501

LECTORS COORDINATOR: (please call office)

SAFE ENVIRONMENT COORDINATOR: Ariana Quashie, (please call office)

SENIORS CLUB: Tecla Volpe, (please call office)

YOUTH ADULT GROUP: Please call during office hours.



WELCOME VISITORS AND NEW PARISHIONERS! PLEASE REGISTER.