

MARCH 26, 2017

4TH SUNDAY OF LENT

The Lord is my shepherd; there is nothing I shall want.

Psalm 23

PENITENTIAL DISCIPLINE FOR LENT: Fridays are days of abstinence from meat, but Catholics may substitute special acts of charity or piety on this day. During Lent it is important to try and develop a stronger relationship with Jesus by giving him more time. Individuals can do this by attending daily Mass, reading a chapter of Scripture each day, saying the rosary while on the way to work rather than listening to the radio. Going to confession is an essential aspect of this penitential season.

ALMSGIVING: FOOD BANK LENTEN DRIVE. Lent is a sacred season when we are called to show our love and appreciation of Christ's sacrifice through our good deeds and acts of sacrifices. Please help those in need from our community. Items lists are placed in the lobby of the church for you to pick them up. You can bring your donations next Sunday to the church, or drop it off at the rectory during the office hours. Thank you!

STATIONS OF THE CROSS will be recited every Friday during the Lent at 7:00 pm. Lectors will be:

March 31 Liz Gallant & Manuela Perizzolo

April 7 Dean Duggan & Antonietta Bondi

HOLY WEEK & EASTER SCHEDULE

PENITENTIAL SERVICE, THURSDAY, APRIL 6 AT 7:00 PM

PALM SUNDAY

Saturday, April 8

4:00pm: Blessing of palms and Procession.

Sunday, April 9 (Blessing of palms before all Masses)

8:30 AM; 10:00 AM (in Italian); 11:30 AM; 7:30 PM

Holy Thursday, April 13

7:00 pm Mass of the Last Supper - Bilingual

Good Friday, April 14

3:00 pm – Service in English; 7:00 pm – Service in Italian

Holy Saturday, April 15

9:00 pm - Easter Vigil

EASTER SUNDAY, APRIL 16

8:30 AM; 10:00 AM (in Italian); 11:30 AM (No Mass at 7:30pm)



EASTER FLOWERS DONATIONS. If you wish to donate money for the Easter flowers, please pick up special envelope marked "Easter Flowers Donation" from the lobby. You can drop envelope of in the collection basket or at the rectory. Donations will be included in your income tax receipt for 2016. Thank you for your support.

HELP FOR MISSION SOC. will sell lasagna after the masses this weekend.

COURAGE is a spiritual support group for Catholic lay men and women who experience same-sex attraction and who aspire to live chaste lives in accordance with the teachings of the Roman Catholic Church. If you would like to join COURAGE, please contact Deacon Hilmar Pabel: courage@rcav.org. **ENCOURAGE** is a support group dedicated to the spiritual needs of parents, siblings, children, and other relatives and friends of persons who experience same-sex attraction. ENCOURAGE members meet on the third Sunday of each month at St. Helen's. If you would like to join ENCOURAGE, please contact Deacon Bruce Fraser: encourage@rcav.org. Deacon Hilmar will preach about these ministries at the weekend Masses on 1 and 2 April. In his homily, he will refer to a film for the Courage ministry that you can watch for free online: Desire of the Everlasting Hills. You can find it at <https://everlastinghills.org/movie/>.



HOST AND WINE donated for

1. This weekend masses in loving memory of Giuseppe Marrone
Gift of Chiarina & Family
2. Next weekend in loving memory of Joseph Comparelli
Gift of Tony Lopez & Family

If you are interested in donating the Host and Wine for the weekend Masses in memory of a dear one please call the office 604-298-4144. Donations are tax deductible.

PLEASE CHECK NEW PARISH WEBSITE

www.sthelen.ca

COFFEE HOUR - April 2 - VAN-SPEC- Anna, 604-299-2273

CHURCH CLEANING – March – Team 3 - Christine, 604-436-0169

BULLETIN SPONSOR OF THE WEEK. Please support ***COLUMBUS MEAT MARKET***, one of the sponsors who bring to you this weekly Parish Bulletin!

Sunday Collection			
<small>(Weekly goal \$12,000.00)</small>			
Date	Envelopes	Loose	Total
March 19	\$ 6,929.00	\$ 548.00	\$ 7,477.00
<i>Thank you for your generosity!</i>			

MARZO 26, 2017

IV DOMENICA DI QUARESIMA

Il Signore è il mio pastore: non manco di nulla.

Salmo 22

PENITENZA QUARESIMALE: digiuno e astinenza di carne. Il digiuno consiste in mangiare meno del solito, almeno in due dei tre pasti usuali (un modo pratico del digiuno è andare a dormire con un po' di fame), l'astinenza tradizionale consiste non mangiare carne, ma può essere sostituita da altri "veri" sacrifici (bibite, caffè, televisione, internet) qualcosa insomma che ci costi lasciare per un giorno.

BANCO DI ALIMENTI - CIBO PER I POVERI. In fondo alla chiesa si trova la lista di articoli di cibo più necessari per i più bisognosi. Durante questo tempo di Quaresima la carità sincera verso i più bisognosi è un modo di vivere il nostro impegno quaresimale. Grazie per la vostra collaborazione.

AVREMO LA RECITA DEL VIA CRUCIS OGNI VENERDÌ DURANTE LA QUARESIMA ALLE 7:00PM. I lettori saranno:

Marzo 31 Liz Gallant & Manuela Perizzolo

Aprile 7 Dean Duggan & Antonietta Bondi

ORARIO DELLA SETTIMANA SANTA E PASQUA

CONFESSIONI – GIOVEDÌ, APRILE 6 ALLE 7:00 PM

DOMENICA DELLE PALME

Sabato, Aprile 8

4:00pm: Benedizione delle Palme e Processione

Domenica, Aprile 9 (Benedizione delle Palme prima di tutte le messe)

8:30 AM; 10:00 AM (in Italiano); 11:30AM; 7:30 PM

Giovedì' Santo, Aprile 13

7:00 pm Messa dell'ultima cena (Bilingue)

Venerdì' Santo, Aprile 14

3:00 pm – Passio in Inglese; 7:00 pm – Passio in Italiano

Sabato Santo, Aprile 15

9:00 pm – Messa di Vigilia

DOMENICA DI PASQUA, APRILE 16

8:30 AM; 10:00 AM (in Italiano); 11:30 AM; (No Messa alle 7:30pm)



SE VOLETE OFFRIRE IL PANE E IL VINO da usare durante tutte le Sante Messe della settimana a ricordo dei propri cari, per favore chiamate l'ufficio parrocchiale.

DONAZIONE PER FIORI DI PASQUA. Coloro che desiderano cooperare per la compra dei fiori per le celebrazioni Pasquali, per favore selezionate la busta con la nota scritta "Donazione per i fiori di Pasqua", che troverete all'entrata della chiesa. Potrete mettere la busta nel cestino della colletta oppure consegnarla presso l'ufficio parrocchiale. Le ricevute per le donazioni saranno incluse nelle ricevute delle tasse del 2016. Grazie per decorare l'altare di nostro Signore Risorto.

LA SOCIETA PER LA MISSIONE avrà la Vendita di Lasagna dopo le messe questa fine settimana.