

FEBRUARY 18, 2024 FIRST SUNDAY OF LENT

STEWARDSHIP REFLECTION

“After John had been arrested, Jesus came to Galilee proclaiming the gospel of God...” Mark 1:14

Have you ever thought about how difficult it must have been for Jesus to go to Galilee, knowing that John had just been arrested for teaching the same message that He was proclaiming. It took great love and trust for Jesus to do what the Father had sent Him here on earth to do. In the same way, living a stewardship lifestyle takes great love and trust from us. We must be willing to surrender completely to God, trusting that He will always give us all that we need to fulfill His plan for us.

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THE TRADITIONAL LENTEN DEVOTION OF THE STATIONS OF THE CROSS WILL CONTINUE TO TAKE PLACE ON FRIDAY EVENINGS AT 7:00PM.

PENITENTIAL DISCIPLINE FOR LENT: Fridays are days of abstinence from meat. During Lent it is important to try and develop a stronger relationship with Jesus by giving him more time. Individuals can do this by attending daily Mass, reading a chapter of Scripture each day, saying the rosary while on the way to work rather than listening to the radio. Going to confession is an essential aspect of this penitential season.



ALMSGIVING: FOOD BANK LENTEN DRIVE. Lent is a sacred season when we are called to show our love and appreciation of Christ's sacrifice through our good deeds and acts of sacrifices. Please help those in need from our community. Items lists are placed in the lobby of the church for you to pick them up.

You can bring your donations next Sunday to the church, or drop it off at the parish office during the office hours. Thank you!

***"He who is kind to the poor lends to the Lord,
and He will reward him for what he has done."*** Proverbs 19:17

INCOME TAX RECEIPTS for 2023 are available in the church lobby during the weekend and in the church office during office hours. Please pick them up.

PARISH OFFICE HOURS Monday to Friday, 9:00am-12:00pm & 1:00pm-4:00pm. For the sacrament of anointing outside of office hours, please contact **604-298-6111**.

THE WALL OF FAITH offers a memorable and lasting gift that should be considered for funerals and it is tax deductible. If the family of the deceased person requests a memorial donation to St. Helen's Parish on the occasion of the Funeral Mass in lieu of flowers, deceased's name will be written on the Wall of Faith. Display is in a prominent location in the lobby of the church. For more information and donations, please contact parish office.

“Their names are written in heaven.”

SENIORS CLUB resumed their activities on Saturdays from 11:00 AM to 2:00PM in the Gym For more information, please call Elia, 604-299-0455.

HELP FOR MISSION SOCIETY collects clothing and household items. **PLEASE DO NOT DROP OFF YOUR DONATIONS BEFORE CONTACTING MANUELA, 604-298-6202.**



If you are interested in donating the Host and Wine in memory of dear one, please contact the office, 604-298-4144. Donations are tax deductible.

ADORATION CHAPEL is open from 7:15am to 9 pm, from Monday to Friday. Please do not enter after 9 pm as the alarm will be activated. Thank you.

EUCCHARISTIC QUOTE

“A thousand years of enjoying human glory is not worth even an hour spent sweet communing with Jesus in the Blessed Sacrament.”

St. Pio of Pietrelcina

SECOND COLLECTION: ST. JOSEPH'S SOCIETY. This Sunday's second collection supports our retired priests who have dedicated their entire life to the Church. You can make a tax-deductible donation to St. Joseph's Society in-person at the parish or online at rcav.org/joseph.

THE BIBLE IN A YEAR WITH FR. MIKE SCHMITZ can be checked at <https://media.ascensionpress.com/category/ascension-podcasts/bibleinayear/>

FLOCKNOTE INVITATION. Please register your name and email address to receive latest bulletin, news and updates using this link

<https://StHelensChurch.flocknote.com/JOINEMAILLIST>

BULLETIN SPONSOR OF THE WEEK. Please support **SETON VILLA**, one of the sponsors who brings to you this weekly Parish Bulletin.

BULLETIN ADS AVAILABLE. IF INTERESTED, PLEASE CALL 604-298-4144.

YOU CAN DONATE by the credit card at <https://sthelen.ca/giving>

Sunday Collection (Weekly goal: \$12,000.00)			
Date	Envelopes	Loose	Total
Feb. 11, 2024	\$ 3,822.00	\$ 473.00	\$ 4,295.00

Thank you for your generosity!

We Pray For

Saturday, February 17 [The Seven Holy Founders of the Servite Order]

9:00 am – † Caterina Rizzuto, † Marina Serena

4:00 pm – In Thanksgiving for Burda & Ruggiero Fam., In Thanksgiving
† Gregory White, † Giuseppe & Anna Cesaratto, † Arlene Boreham
† Caterina Fontanin, † Fergus Savage

Sunday, February 18 [FIRST SUNDAY OF LENT]

8:30 am – † All Souls in Purgatory, † Isabelita Viduya, † Joe Zinetti

10:00 am – † Manlio Mottes, † Anna Veltri, † Angelo Pettenon, † Dec. of Marzin Fam.
† Jack Cusinato, † Pasquale Ghiorzi, † Mr. & Mrs. Cupo, † Francesco Bavaro
† Lina Vendrame

11:30 am – Pro-Popolo

Monday, February 19 [Weekday (Family Day)]

9:00 am – † Jack Sweeney

Tuesday, February 20 [Weekday]

7:45 am – † Teresa Tores

Wednesday, February 21 [St. Peter Damian, Bishop, and Doctor of the Church]

7:45 am – † All Souls in Purgatory

Thursday, February 22 [The Chair of St. Peter the Apostle]

7:45 am – † Edward Sweeney, † Roger Renner

Friday, February 23 [St. Polycarp, Bishop, and Martyr]

7:45 am – Special Intention, Spec. Int. for Evelyn Macapinla

7:00 pm – STATIONS OF THE CROSS

Saturday, February 24 [Weekday]

9:00 am – † Isabelita Viduya

4:00 pm – Spec. Int. for Eduardo B Blasi, Spec. Int. for Recovery, † Rino Genovese
† Joseph Jonell Bulaun

Sunday, February 25 [SECOND SUNDAY OF LENT]

8:30 am – Spec. Int. for Andrew C. Silverio, † All Souls in Purgatory, † Isabelita Viduya
† Joe Zinetti, † Teresa & Raffaele Rea

10:00 am – † Giuseppe Bevacqua, † Pina & Bruno Benedet, † Maria Chiara Mainella,
† Luigi Quattrin, † Cristina & Nicola Maselli

11:30 am – Pro-Popolo

18 FEBBRAIO, 2024 I DOMENICA DI QUARESIMA

“Dopo che Giovanni fu arrestato, Gesù andò nella Galilea, proclamando il vangelo di Dio...”

Marco 1:14

LA QUARESIMA è un tempo di conversione che conduce al Triduo Pasquale durante il quale si fa memoria della Passione, morte e risurrezione di Gesù Cristo. Solitamente, durante questo periodo le pratiche poste in essere per prepararsi alla Pasqua sono; il digiuno, l'elemosina e la preghiera. E' il Codice di Diritto Canonico ha prevedere il digiuno ecclesiastico e l'astinenza dalle carni due volte l'anno: il Mercoledì delle Ceneri e il Venerdì Santo. Per gli altri venerdì di Quaresima è prevista l'astinenza dalle carni. La pratica della carità o dell'elemosina, invece, si accompagna al digiuno così da liberarsi dall'avidità e dall'egoismo, riconoscendo il prossimo come fratello e sorella. La terza pratica legata alla Quaresima è relativa alla preghiera, che sorretta dal digiuno e dalla carità riesce ad arrivare a Dio con più slancio. Sant'Agostino definisce, infatti, il digiuno e l'elemosina come "le due ali della preghiera".

AVREMO LA RECITA DEL VIA CRUCIS OGNI VENERDI' DURANTE LA QUARESIMA. COMINCERÁ IL 16 DI FEBBRAIO ALLE 7:00PM

LE RICEVUTE PER LE TASSE SULLE DONAZIONI 2023 sono disponibili all'entrata della chiesa durante le messe domenicale e in ufficio parrocchiale durante l'ore d'ufficio. Per favore raccoglietele.

ORE DELL'UFFICIO PARROCCHIALE.Orari di ufficio regolari dal lunedì al venerdì 9:00am-12:00pm and 1:00pm to 4:00pm. Per il sacramento dell'unzione al di fuori dell'orario d'ufficio, chiamate **604-298-6111**.



BANCO DI ALIMENTI - CIBO PER I POVERI. In fondo alla chiesa si trova la lista di articoli di cibo più necessari per i più bisognosi. Durante questo tempo di Quaresima la carità sincera verso i più bisognosi è un modo di vivere il nostro impegno quaresimale.

Potete portare le vostre donazioni domenica prossima in chiesa, oppure in ufficio parrocchiale durante l'orario d'ufficio. Grazie per la vostra collaborazione.

LA SOCIETA' PER ANZIANI ha ripreso le attività, **sabato, dalle ore 11:00 alle 14:00 in Palestra.** Gli incontri saranno programmati in base alla disponibilità della Palestra. Per informazioni chiamare Elia, 604-299-0455.



SE VOLETE OFFRIRE IL PANE E IL VINO da usare durante tutte le Sante Messe della settimana a ricordo dei propri cari, per favore chiamate l'ufficio parrocchiale.

CAPPELLA DELL'ADORAZIONE è aperta dalle 7:15 alle 21:00, **dal lunedì al venerdì.** Si prega di non inserire dopo le 21:00 poiché l'allarme verrà attivato. Grazie.

SOCIETA PER LE MISSIONI sta raccogliendo abbigliamento e articoli per la casa. Per favore, **NON LASCIATE LE VOSTRE DONAZIONI PRIMA DI CHIAMARE MANUELA, 604-298-6202.**

LAST RITES AND MEDICAL EMERGENCIES

Please call the office, 604-298-4144. Outside of office hours, please call 604-298-6111.

The following priest chaplains are also available:

Burnaby General Hospital: Fr. Bede Kiem Minh Le, 604.298.6800, 604-434-4211

Vancouver General Hospital: 604-877-5918 (Pager) / 604-875-4111 Fr. Gilbert Nunez & Fr. Luis Martin Brian Delgado (Mon., Tue., Fri., Sat. and Sun.); Fr. Aresene Dutunge (Wed. and Thurs.)

Mount St. Joseph Hospital: Fr. Joseph Ha Vinh Tran, OP (Chaplain)604-876-7826

Royal Columbian Hospital: Chaplains' Cell 604-250-7513, Rev Claude Makulu, O. Praem, 604.936. 2525

Please provide this important information to the priest before he arrives: name of the sick, ward, room number, bed number and name & phone number of the person requesting the visit as the hospital will not provide any details due to privacy laws.

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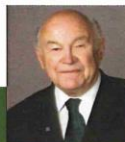
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DEACON
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OFFICE HOURS:

9:00 am – 12:00 pm (noon)

1:00 pm – 4:00 pm

TEL: 604-298-4144 FAX: 604-298-1734

EMAIL: parish.shel@rcav.org

WEBSITE: www.sthelen.ca

ADMINISTRATIVE ASSISTANT:

Mrs. Biba Lupetin, shel.secretary@rcav.org



ST. HELEN'S SCHOOL

PRINCIPAL: Mr. Waldemar Sambor

TEL: 604-299-2234

WEBSITE: www.sthelensschool.ca

MASS SCHEDULE

SATURDAY:

4:00 pm – Children's Liturgy

SUNDAY:

8:30 am

10:00 am – (Italian) Children's Liturgy

11:30 am – Children's Liturgy

MONDAY TO FRIDAY:

7:45 am

SATURDAY & PUBLIC HOLIDAYS:

9:00 am

ADORATION CHAPEL

MONDAY TO FRIDAY: 7:15 am – 9:00 pm

CLOSED ON SATURDAY AND SUNDAY

CONFESSIONS

MONDAY TO FRIDAY: 7:25 am – 7:40 am

SATURDAY: 8:30 am – 8:55 am and

3:00 pm – 3:50 pm

BAPTISMS: 2nd Sunday of the Month

MARRIAGES: Prior arrangements six months in advance.

PARISH CONTACTS AND MINISTRIES

MINISTRY TO THE SICK: Please call during office hours.

SACRED MUSIC COORDINATOR: Agnes Wan, 604-299-3916

LAST RIGHTS AND MEDICAL EMERGENCIES: Please call during office hours.

Outside of office hours, please call 604-298-6111. See inside for more information.

PARISH RELIGIOUS EDUCATION PROGRAM (PREP)

CLASSES ON TUESDAY: 6:30 pm – 7:50 pm in the school.

PREP COORDINATOR: Sandra Crema, 604-298-5239, prepsainthelens@gmail.com

RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

FOR ADULTS WHO DESIRE TO JOIN THE CATHOLIC FAITH: (please call office)

CATHOLIC WOMEN'S LEAGUE (CWL): Flavia Musso, 604-299-4466

CHILDREN'S LITURGY COORDINATOR: Jaime Poldrugo, (please call office)

EUCCHARISTIC MINISTERS' COORDINATOR: Marivic Morelos, 778-881-6505

KNIGHTS OF COLUMBUS: Tony Ramalho, 604-294-5501

LECTORS COORDINATOR: (please call office)

SAFE ENVIRONMENT COORDINATOR: Ariana Quashie, (please call office)

SENIORS CLUB: Tecla Volpe, (please call office)

YOUTH ADULT GROUP: Please call during office hours.

WELCOME VISITORS AND NEW PARISHIONERS! PLEASE REGISTER.