

**APRIL 14, 2019
PALM SUNDAY**

Dear Parishioners,

This week we enter into the most sacred period of the Church's life with the celebration of the Holy Triduum. The Triduum is the three holy days of Holy Thursday, Good Friday, and Holy Saturday on which the Easter Vigil is celebrated. The mysteries of Christ's life celebrated in a special way on these days is referred to as the "Paschal Mysteries". The celebration of Christ's passion, death, and resurrection is at the very heart of our Catholic faith. For this reason the Catechism of the Catholic Church states in n. 1169: **"Therefore Easter is not simply one feast among others, but the "Feast of feasts," the "Solemnity of solemnities," just as the Eucharist is the "Sacrament of sacraments" (the Great Sacrament). St. Athanasius calls Easter "the Great Sunday" and the Eastern Churches call Holy Week "the Great Week." The mystery of the Resurrection, in which Christ crushed death, permeates with its powerful energy our old time, until all is subjected to him."** I warmly invite you to participate in the Triduum celebrations here at St. Helen's and pray that you may be renewed by the new life Christ offers us this Easter.

In Christ,
Fr. Alessandro

GOOD FRIDAY is a day of fasting and abstinence from meat. The Church prescribes fasting (only one full meal and two smaller meals which together are not greater than a full meal) and abstinence from meat. Catholics aged 18-59 are bound to fast; those 14-59 to abstinence. Those who are ill are freed from these obligations. Everyone, even those above the age of 59, are encouraged to fast and abstain. Parents and educators are reminded of their duty to introduce children gradually to the understanding and practice of penance.

ALMSGIVING: FOOD BANK LENTEN DRIVE. Lent is a sacred season when we are called to show our love and appreciation of Christ's sacrifice through our good deeds and acts of sacrifices. Please help those in need from our community. Items lists are placed in the lobby of the church for you to pick them up. You can bring your donations next Sunday to the church, or drop it off at the rectory during the office hours. Thank you!

EASTER FLOWERS DONATIONS. If you wish to donate money for the Easter flowers, please pick up special envelope marked "Easter Flowers Donation" from the lobby. You can drop envelope of in the collection basket or at the rectory. Donations will be included in your income tax receipt for 2019. Thank you for your support.

FAMILY DINNER ORGANIZED BY ST. HELEN'S KNIGHTS OF COLUMBUS will be on **Saturday, April 27** in the Parish Hall (Gym). For tickets please contact Bortolo, 604-294-9553 or Office (Biba), 604-298-4144, during the office hours. Price: \$30-adult; \$10-children 12 and under. Profit will benefit St. Helen's Parish.

LIGHTHOUSE CATHOLIC MEDIA. Thank you for your generous support in this new evangelization program established in our parish. Books, booklets, CDs and DVDs are displayed in a kiosk for purchase: CDs \$6, Booklets \$3, DVDs \$8, Books \$10. All proceeds will go towards the parish.

CATHOLIC WOMEN'S LEAGUE (CWL) – Please join us for our next General Meeting, on Wednesday April 17th at 7:00 pm in the Church basement. Please bring a non-perishable food item for St. Helen's Food Bank.



HOST AND WINE donated For April 14th Masses
In Loving Memory of **Gino Pecile**
Gift of Amelia & Family
For April 21st Masses
In Loving Memory of **Steve Balic**
Gift of Family

If you are interested in donating the Host and Wine in memory of a dear one please contact the office, 604-298-4144. Donations are tax deductible.

HOLY WEEK SCHEDULE

Penitential Service (Confessions) April 11 at 7:00 pm

PALM SUNDAY

Saturday April 13 4:00 pm

Sunday April 14 8:30 am; 10:00 am (Ital.); 11:30 am; 7:30 pm

HOLY THURSDAY April 18 7:00 pm

GOOD FRIDAY April 19 3:00 pm Service in English

HOLY SATURDAY April 20 9:00 pm Easter Vigil Mass

EASTER SUNDAY April 21 8:30 am; 10 am (Italian); 11:30 am;
No Mass at 7:30pm

CONFESSIONS: Good Friday, April 19 9:30 am – 11:30 am
Holy Saturday, April 20 9:00 am – 10:30 am

OFFICE HOURS DURING HOLY WEEK

HOLY THURSDAY, APRIL 18 9:00 AM – NOON
GOOD FRIDAY AND EASTER MONDAY OFFICE WILL BE CLOSED

We Pray For

Saturday, April 13 [St. Martin I, Pope and Martyr]
9:00 am - † Mrs. Mar, † Dec. of Ar bait Family
4:00 pm - Special Intention for Father Alessandro & Father Konrad
† Eugenio Arcadi, † Agnes, Joseph & Mary Wong, † Carmela Luongo
† Dan & Carmel Grippo, † Hugh Farquharson, † Antonio Ciardullo
† Teresa & Giovanni Porco, † Severina Raffin

Sunday, April 14 [Palm Sunday of the Passion of the Lord]
8:30 am - † Deceased of Borzillo & Leone Family, † Alessandro & Elisabetta Gnocato
† John Brassington, † Rosa Pellizzari, † Maria Basso & Fam.
Spec. Intention for Silvio Rossi, † Pedro Javier
10:00 am - Spec. Intention for Recovery, † Marcella Carniel
† Domenico & Donata Cibelli, † Ernesto Crema, † Mansueto Marconato
† Francesco Cerminara; † Nicolina Marini, † Brigitte Pozzato
† Dec. of Settimio & Filippo Briglio's Fam., † Laurie Marconato
† Antonio DeMarchi, † Deceased of Cusinato & Campagnolo Family
† Antonio & Lisa Cenedese & Family, † Vince Aballini, † Rosa Pellizzari
† Maireen Franklin Ryan, † Mansueto Marconato
11:30 am - † Gina Dispirito † Giuseppe Marrone, † Severina Raffin, † Rosa Pellizzari
7:30 pm - Our Parishioners

Monday, April 15 [Monday of Holy Week]
7:45 am - In Thanksgiving, Special Intention for C.Y. Kwan

Tuesday, April 16 [Tuesday of Holy Week]
7:45 am - † Ernesto & Domenica Cioffi, † Sue Morrell

Wednesday, April 17 [Tuesday of Holy Week]
7:45 am - Spec. Intention for David Rezmer, † Felipa Villanueva

Thursday, April 18 [Holy Thursday]
7:00 pm - Mass of the Lord's Supper

Friday, April 19 [Good Friday]
9:30 am - 11:30 am - CONFESSIONS
3:00 pm - PASSION OF THE LORD

Saturday, April 20 [Holy Saturday]
9:00 am - 10:30 am - CONFESSIONS
9:00 pm - EASTER VIGIL

Sunday, April 21 [EASTER SUNDAY]
8:30 am - MASS IN ENGLISH
10:00 am - MASS IN ITALIAN
11:30 am - MASS IN ENGLISH
NO 7:30 PM MASS



**APRILE 14, 2019
DOMENICA DELLE PALME**

**«Benedetto colui che viene
Nel nome del signore»**

Lc 19

VENERDÌ SANTO è un giorno di digiuno e astinenza dalla carna. La Chiesa prescrive il Digiuno (solo un pasto pieno e due più piccoli pasti che assieme non siano più grande di uno pieno) e l'astinenza dalla carne. I cattolici fra 18-59 anni sono tenuti a digiunare; quelli tra 14-59 anni all'astinenza. Quelli che sono malati sono esonerati da questi obblighi. Tutti, anche quelli al di sopra dell'età di 59, sono incoraggiati a digiunare ed astenersi. Si ricorda ai genitori e gli educatori il dovere di introdurre i bambini progressivamente al capire e alla pratica di penitenza.

**L'ORARIO D'UFFICIO PARROCCHIALE
DURANTE LA SETTIMANA SANTA**

GIOVEDÌ SANTO, APRILE 18 – 9:00 AM – MEZZOGIORNO
VENERDÌ SANTO E LUNEDÌ DI PASQUA L'UFFICIO SARÀ CHIUSO.

BANCO DI ALIMENTI - CIBO PER I POVERI. In fondo alla chiesa si trova la lista di articoli di cibo più necessari per i più bisognosi. Durante questo tempo di Quaresima la carità sincera verso i più bisognosi è un modo di vivere il nostro impegno quaresimale. Grazie per la vostra collaborazione.



SE VOLETE OFFRIRE IL PANE E IL VINO da usare durante tutte le Sante Messe della settimana a ricordo dei propri cari, per favore chiamate l'ufficio parrocchiale.

CENA DI FAMIGLIA ORGANIZZATA DA CAVALIERI DI COLOMBO sarà **sabato 27 aprile 2019** nella Salla Parrocchiale (Gym). Per i biglietti si prega di contattare Bortolo, 604-294-9553 o Ufficio (Biba), 604-298-4144, durante le ore d'ufficio. Prezzo: \$ 30-adulto; \$ 10-bambini, 12 anni e sotto. Il profitto andrà a beneficio della parrocchia di Sant'Elena.



DONAZIONE PER FIORI DI PASQUA. Coloro che desiderano cooperare per la compra dei fiori per le celebrazioni Pasquali, per favore selezionate la busta con la nota scritta "Donazione per i fiori di Pasqua", che troverete all'entrata della chiesa. Potrete mettere la busta nel cestino della colletta oppure consegnarla presso l'ufficio parrocchiale. Le ricevute per le donazioni saranno incluse nelle ricevute delle tasse del 2019. Grazie per decorare l'altare di nostro Signore Risorto.

LEGA DELLE DONNE CATTOLICHE (CWL). La riunione generale sarà il 17 aprile alle 7:00pm nel sottosuolo della chiesa. Tutte le donne sono invitate. Si prega di portare un prodotto alimentare non deperibile per la banca alimentare di S. Elena.

CHURCH CLEANING – APRIL – TEAM 3 – Christine, 604-436-0169

COFFEE HOUR – April 21 – NO COFFEE HOUR- HAPPY EASTER!

BULLETIN SPONSOR OF THE WEEK. Please support **COLUMBUS MEAT MARKET**, one of the sponsors who bring to you this weekly Parish Bulletin!

SUNDAY COLLECTION (WEEKLY GOAL \$12,000.00)			
Date	Envelopes	Loose	Total
April 7	\$ 7,238.00	\$ 705.00	\$ 7,943.00
Share Lent			\$ 2,506.00
Thank you for your generosity!			